



Home Sweet Home

St Sergius
AGED CARE

Residential Care | CHSP | Independent Living Units
Trading as: Russian Relief Association of St. Sergius of Radonezh

Newsletter Summer 2024

At a Glance:

- New Year Celebration
- Orthodox Christmas Celebration
- Catholic Christmas Celebration
- Chinese New Year Celebration
- Leisure and Lifestyle
- Australia Day
- Dancing group
- Art Therapy Class
- Valentine's Day
- Theme Party Journey Down the Rhine
- Celebrating Birthdays



Draginja Petrovic

New Year's Eve has a special charm for staff as well as the residents. The common areas seem to be decorated with an extra zest and the activities for the residents reflect the joy and hope that a New Year can bring to both residents and staff. A calm and happy mood is a tonic to smooth the emotional ups and downs for our residents.



Magical Show



Danica Pupovac

Catholic Christmas and New Year Celebrations

The Festive Season of Christmas and New Year is the time of hopes – hopes for contentment, miracles, happiness and the fulfilment of wishes. Regardless of a person’s age, the desire to tap into the festive mood and remember the years of your youth with its familiar melodies, scents of pine trees, presents and lit candles, is common to us all. The pleasant and familiar bustle that is The Festive Season infects everyone, residents, staff and visitors to St Sergius, with a feeling of pleasant anticipation –and the preparation for the Festive days begins well in advance.

For many residents, a large part of the joy is decorating a Christmas Tree and the choice of decorations is very wide – colorful baubles, cute toys, brightly colored beads and tinsel. A little bit of inspiration, fantasy and perspiration – and all the residential areas are showing off elegantly sparkling green beauties.



Radmila Ignjatic



Janina Janyszka



Happy celebration



Vera Semerich

A pleasant surprise awaited our resident in the pre-festive weeks – a concert presented by the brass band and singers from Cabramatta High School. The young performers, complete with traditional red hats of Christmas gnomes, displayed their musical and singing talents in performing Christmas songs. This music and the clear youthful voices of the performers brought joy and tenderness to the faces of our elderly who showed their appreciation with lengthy applause.



Stevanja Ostojic



Zora Dajic



Little musicians



Dobrinka Lubarda



Augusta Butvillo



Tamara Sadovnikov



Balint Toth



Danilo Sesum

Orthodox Christmas Celebration

Cheer and Christmas spirit were brought to St Sergius In celebration of Orthodox Easter, on the 7th of January, by a visit from Father Frost, who was this time accompanied not by the Traditional Snow Maiden, but by joyful, back-haired girl Elf.



Festive mood

The day celebrating the birth of the Son of God is first and foremost a religious one and the highlight for our Russian faithful was the visit from Father Boris, who blessed them and offered congratulations on this holy and spiritual day.



Valentina Smagin with Father Boris



Tania Filippoff with Irina Malaniak and Marina Thome



**Father Boris
with Konstantine
Yachmennikov**



Dusan Buzdum



Christmas greetings



**Lilia Balen with Galina
and Alexander Fonarev**



**Sophia Kraevsky with
Father Boris**

Day Care

The St Sergius Day Centre also engaged in the celebration of the Lunar New Year. Thanks to the efforts of our tireless staff, the community hall was transformed into a cozy Chinese living room with rhythmically swaying red lanterns, oriental screens and tables covered with elegant tablecloths. An abundance of national treats, such as homemade dumplings made from family recipes made the gathering feel homely, and the accompanying concert program gave moments of aesthetic pleasure.



Amazing performance



Lunar New Year celebration



Cheerful event



Joyful celebration



After the concert



Friendly hug



Australia Day celebration

Australia Day

The celebration of Australia Day enriches and unites our residents, who have come to from different corners of the earth but love and respect their 'Second Home' country. What better way to celebrate this day, then by gathering around an 'Aussie Barbie', eat good food and chat to your neighbors!



Nina Grabovskaya with Nevenka Scoric



Australia Day

Dancing group

A wonderful treat was given to our residents, especially those of Serbian Origin. This was a concert of the music and dance ensemble from the Serbian Cultural Association KUD Karadjordje.

From the first musical chords, the audience was swept up by a wave of cheerful and daring energy emanating from the dancers. It was clear that many of our oldies were tempted to shake off the years and show off their talents. The audience was captivated by the precise movement of the dancers, even the youngest ones.



Borislav Vujicic, Milan Ajdukovic and Olga Suvorova



Slavka Nedanovska



Dancing group with our residents



Milka and Djuro Miljevic

Art therapy is an excellent way for our residents to express their feelings, worries and emotions, as well as their talents! It assists with dealing with their negative thoughts and reduce stress.



Misic Jovanka



Radojka Cuca



Art-therapy class



With the residents

The Lunar New Year celebration was a real scenic extravaganza. The appearance of the New Year Chinese Dragon delighted and amazed our residence with its bright colors and intricate dance movements of 'The Beast' accompanied by the traditional drums and cymbals.



Lunar New Year celebration



Dancing group



Mirko Susak Dusan Strbac and Irina Malaniak



Olga Pronin with Michael Apollonov

Insufficient physical activity can become a problem for people in the autumn of their years. Recreation Activity Staff at St Sergius are acutely aware of this issue and always find successful and entertaining ways to address it – such as competitive ‘sporting Olympics’, Zumba, dancing, leisurely strolls and gardening.



Velimir Janjic



Janko Medjesi



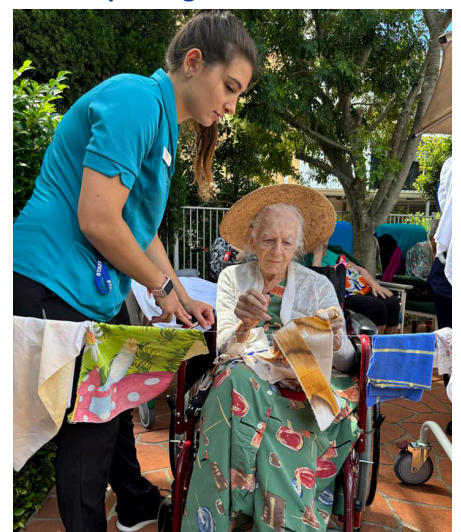
Sporting achievements



Taisa Sagojan



Yury Boudkin with Denis Levchenko



Alla Kirillova with Marina Thome



Agnes Domansky



Virginia De Rego



Milka Vrancovic



Agnessa Senkovic



Mileva Vujvodic



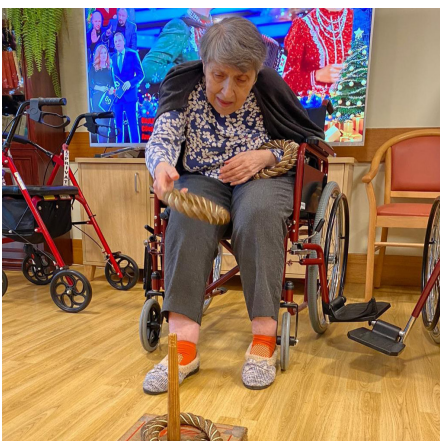
Larysa Zhuravlyova



Mihailo Zaric



Nikolay Kolesnikob, Nina Grabovskaia and Alla Lyubomskaya



Veronika Kaskaljan

It is a well-known fact that music can touch people of all ages and cultures and engender deep feelings. As a rule, there are no barriers to the basic understanding of and reactions to melodies and songs, especially when this is incorporated into a cheerful, themed show, such as the 'Journey on the Rhine' entertainment prepared by our talented Recreation Activity Officers. The audience loved it.



Jelena Culibrk



Treats for the Travelers



Liudmila Bilonok with Natalia An



Nikolai Levitsky with Natalia An



Danica Bosevska



Biserka Mitrovic

The romantic and touching day of St Valentine was celebrated on the 14 February. Although the concept of Love is different for each individual, it exists in the hearts of all people, regardless of age. At St Sergius, many of our grey-haired oldies, remember, and sometimes share, their fondest memories and tender moments.



Zoya Satonina



Rosa Calic



Valentine's Day

Celebrating Birthdays

This wonderful St Sergius tradition is a highlight for the residents whose birthday fall in the particular month. The celebrants are feted with warm greetings, songs and poems and, of course, tea with wonderful cakes.



Liudmila Bilionok birthday celebration



Danilo Skopelja with his family

DECEMBER

Rosa Calic, Youel Zorzan, Do-brinka Lubarda, Anastasia Alexandrovsky, Galina Fonareva, Vera Semerich, Deljo Kalavazov, Lina Jin, Branislava Ilic, Nikola Pucar, Jovanka Micic, Cecil Black, Tamara Sadvnikov, Danilo Skopelja.

JANUARY

Liudmyla Gresko, Spasenija Radmanovic, Petar Jaksic, George Perrow, Yuling Liu, Danilo Sesum, Stevanija Pupovac, Nai Shi Li, Tatiana Pawloff, Milivoje Stojanovic, Liudmila Bilionok, Sofija Kosovic, Alexandre Fonarev, Ekaterina Luvogovoy, Jordan Stonjanovski, Ming Jin, Vira Korzh.

FEBRUARY

Agnes Domansky, Jelena Culibrk, Ca Lai, Peggy Ayers, Tania Filippoff, Bozica Vesic, Dragoje Kos, Mihajlo Zaric, Dusan Reljic.



Jelena Culibrk



Rosa Calic with her friends



IN THE NEXT ISSUE:

International Women's Day

Easter Celebration

Mother's Day

April Fool's Day

International Nurses Day

Celebrating Birthdays

If you are thinking about placing your loved one in St Sergius Aged Care Facility, we are happy to answer all your questions about that on the phone number below.

We welcome the new volunteers. Your help will be highly appreciated. Our residents require more attention, love and emotional assistance. If you like to become a volunteer, send us E-mail below. We will get in touch with you as soon as possible.

Writer and editor Julia Medvedeva. Photography M. Thome, N. An, J.Fahey, I. Malaniak, Su Rakhmatullaeva, O. Suvorova, L. Balen, D.Levchenko, A.Lyubomskaya, B.Maksovic, Yasmin Foster. Thank you to the administration and the staff of RRA for the help and support. Special thank you to Michael Apollonov for the help with the English version of the magazine.



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