



Home Sweet Home

St Sergius
AGED CARE

Residential Care | CHSP | Independent Living Units
Trading as: Russian Relief Association of St. Sergius of Radonezh

Newsletter Autumn 2023

At a Glance:

- Easter celebration
- International Nurses Day
- Mother's Day
- International Women's Day
- Victory Day
- ANZAC Day
- Serbian Club
- Flower Power
- Kindifarm
- Flight exhibition
- Celebrating Birthdays



Peter Metlenko, Dusan Strbac, Slavka Nedanovski.
Getting ready for Easter

Easter morning in St Sergius was appropriately sunny and bright, as residents were greeted with the symbols of Orthodox Easter - painted eggs and kulichi (yeast raised sweet and rich bread) which have been blessed in church. These foods symbolise the closeness of orthodox Christians to their Saviour.



Rosa Calic, Father Boris and Irina Jarrett



Constantine Yachmennikov with Alla Lyubomskaya

EASTER

The ancient ritual exchange between believers of “Christ is Rises!” - “Truly He has risen!”. The day was further enriched for our residents by our staff offering their congratulations and gifts of chocolate eggs.

During the day our residents had the rich choice of watching Easter services from Jerusalem, Moscow and the local Pokrovsky church situated next to St Sergius.



Easter preparation



Olga Pronin with Lilia Balen



Olga Milic with Irina Malanyak



Radojka Cuca and Father Boris

THE DAY OF THE NURSE

The nursing staff working at St Sergius, apart from the daily physical care of our elderly, care for their psychological and emotional needs. And they do both with professionalism, dedication and desire to enrich the life of their charges.



Nurses Day celebration



Our nurses

In recognition of these wonderful qualities, the Management and Board of St Sergius always celebrates the International Day of the Nurse with a social function, warmly congratulating the caring nursing staff and offering prizes and gifts to those within the staff who have earned the respect of their peers.



Margaret Tahmasian

MOTHER'S DAY

The celebration of Mother's Day is yet another opportunity to offer women the gift of warmth and care that they offered to others during the course of their life.

Our hard working Recreation Activity Officers always create the appropriate atmosphere for each celebration with decorations and ensure that all of our ladies receive congratulatory messages and attention.

It was a heartwarming sight to see the looks of joy on the faces of our grey-haired mothers as they received gifts from their children and grandchildren.



Danica Babic with her son



Danica Romic with Irina Malanyak



Taisia Yalishchik



Kristina Nedic



Ruzica Dopudj



International Women's Day

8 MARCH

8 March is celebrated world wide as the “Day of the Woman” or as Russians like to say - “ The Day of our Charming Ladies!” - and our Charming Ladies were feted with flowers, compliments and with tea and cheesecake. They in turn were dressed for the occasions and happily posed for photographs and some even danced a little when music started - time passed too quickly!



Marija Kresovic



Milica Tomic with her daughter



Luba Klunicki

9 MAY - VICTORY DAY

This famous day evokes somber but proud memories of the tragic and heroic days of World War II. We celebrate this day to honour those who gave us peace and hoped that the following generations will treasure it.

Under our RRA roof we have united peoples of many nationalities and for them that war it is a reminder of the sacrifices made by many nations in the fight against fascism and of the heroes who fought in the battles of Moscow, Brest, Odessa and Minsk and of the courage of Yugoslav partisans during that war.



Srdj Olujic and Mirko Susak



Tania Filippoff



Victory Day

ANZAC DAY

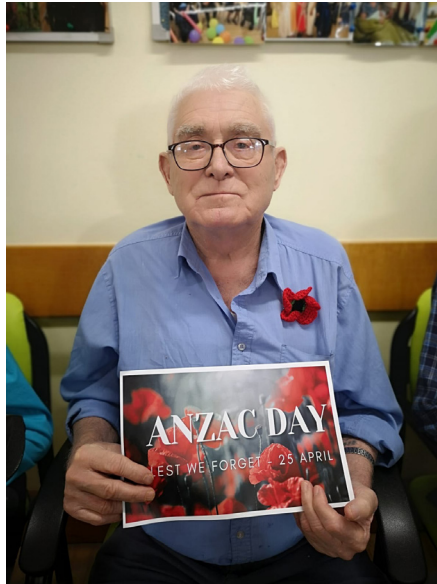
The celebration of ANZAC day is a significant event on the RRA calendar which focuses on the 100 years of Australian war history. On 25 April residents remember the courage and fighting spirit of thousands of Australian and New Zealand soldiers. The somber decorations featuring banners, posters and red poppies, which have become a symbol of fallen soldiers of War War I gave the day a special significance.



Vinca Ivanovic, Milan Necak and Natalia An



Juliana Glavas



Dusan Strbac



Biserka Mitrovic



Nice dinner

SERBIAN CLUB

A truly pleasant and uplifting experience was had by an international collection of RRA residents - this was a visit to the Serbian Club. The Serbs in the groups were of course happy to be in a community space full of their national spirit and where they hear their mother tongue all around them. Many of them have been members and visitors of the club, indeed, some of them participated in its building! For others, it was a pleasant experience to visit an unfamiliar but warm and interesting culture, to learn a little more of the background of their friends.



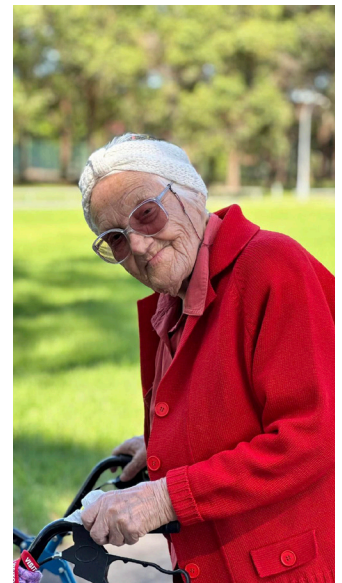
At the Serbian club



Galina Verhoturova and Natalie Demidov



Mihajlo Zaric

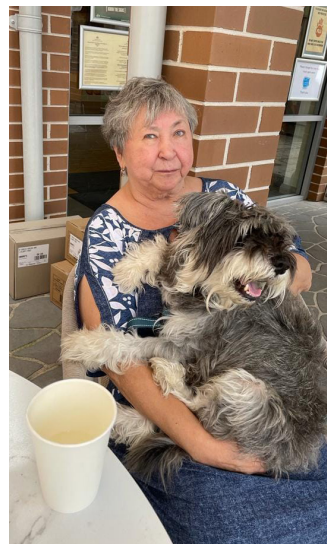


Vera Semerich

OUR LIFE IN PICTURES



Galina Cherkasov



Alija Aminova



Boris Evstigneev



Ana Stefanovic



At the garden



Dobrinka Lubarda



Sport games



Alexander Yakimov



Rufina Nicholson



Stevanija Ostojic



Radojka Vujovic



Nick Sposobin



Galina and Alexandr Fonarev



Tamara Benjamin



Stoja Kljajic



Stoja Kljajic



Olga Drca



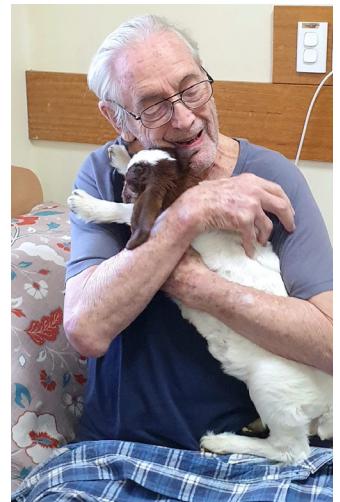
Alla Kirillova and Su Rakhmatullaeva



Viktor Kolesnikov

KINDIFARM

A wonderful lift in spirits was given to our residents when they hosted a visit by the cute residents of Kindifarm. They were charmed and delighted by the little furry and cuddly ducklings, chicks, goats and rabbits who were more than happy to be petted, held and patiently waited to receive their 'treats' from the enchanted 'oldies'. The care and tenderness with which the pets were handled by our residents was touching to see. Even much later, when the pets departed, the common rooms were full of happy memories of the day.



Cecil Black



Danica Bosevska



Ekaterina Lugovoy



Peter Lyczak



Agneza Sinkovic



Petar Dinic



Radmila Ignjatic



Flower Power visitors



Virginia Do Rego and Christina Ortner

FLOWER POWER

Everyone loves flowers and feels uplifted by their life affirming powers. The visit by RRA residents to the garden center Flower Power was therefore a real treat. Regardless of the season, such places always offer a lift to the spirits of elderly people who were captivated by the variety of plants and flowers and the many different scents which were in the air while strolling through the orderly displays. It was not only the plants that attracted their attention - the sections dedicated to decor and garden furniture were also admired. The visit was made complete by cakes and aromatic cappuccino in the cafe which is part of the center!



At the cafe



Flower Power visitors

COOKING CLASS

Our residents love cooking classes. Elderly people are inspired by the wonderful recipes that hold very special memories for them.



Vukosava Glavas and Natalia An



Cooking class



Cvijeta Brkljak and Irina Malanyak

AVIATION EXPOSITION

It is a warm May morning and a group of grey-haired elders are anxious to take their place in the bus. They are anxious to get to the Casula Powerhouse Museum to visit an exposition with the enticing name of 'Flight'.

Once inside the wander from exhibit to exhibit of models of planes, panoramic models and other fascinating exhibits, including a collection of 42 'dolls' dressed in the uniforms of Qantas airline, throughout its history of passenger service. This fascination excursion took our 'silver-hairs' on a short but entertaining voyage through time and space.



Flight exhibition



At the Casula Powerhouse



Yury Boudkin and Irina Jarrett



Janko Medjesi and Julia Fahey

BUS TRIPS

New surroundings and experiences are vital for elderly people. Organised bus trips which provides such stimuli are an integral part of the recreation activity calendar at St Sergius.



At the park



Trip to the club



Trip to the Krispy Kreme



Joint birthday celebration

BIRTHDAY CELEBRATIONS

St Sergius has established a traditional way of celebrating resident's Birthdays. These celebrations are held each month and acknowledge and congratulate those residents whose Birthdays fall within the month. The Guests of Honour are feted with a special Tea with Birthday cakes and special wishes from their neighbors and, of course, the staff.

MARCH

Peter Gileff, Cvijeta Brkljac, Sing Ing Vong, Ljubica Rac, Sekularac Mara, Joka Vidic, Anna Takac, Lazo Kumanovski, Maria Shlepov, Olga Pronin, Christina Ortner, Galina Cherkasov.



Janina Janyszka with birthday cake

MAY

Dusan Strbac, Evdokia Bahoun, Shu Xian Sun, Nikolay Sorokin, Felicita Petaccia, Dusan Buzdum, Nevenka Lazarevic, Olga Petlevanny, Milka Miljevic, Nina Nikolskaya, Janko Medjesi, Ana Stefanovic, Bogdan Rakic.



Olga Petlevanny 100th birthday celebration.

APRIL

Ruzica Dopudj, Milan Necak, Slavka Nedanovski, Olga Milic, Milan Kljic, Galina Verhoturova, Ljubica Jovanovic, Maria Gusa, Koviljka Djukic, Dobrila Lnyszuk, Tayisa Marchenko, Virginia Do Rego, Janina Janyszka, Maria Mironov, Djuro Miljevic, Borislav Vujcic, Danica Ljubisic, Milca Tomic, George Krivo-loutski, Balint Toth, Draginja Petrovic



Balint Toth



Danica Ljubisic



IN THE NEXT ISSUE:

Transfiguration of the Lord

King's birthday

Donuts day

Bastille day

Ivan Kupala day

Birthday celebrations



St Sergius
AGED CARE

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If you are thinking about placing your loved one in St Sergius Aged Care Facility, we are happy to answer all your questions about that on the phone number below.

We welcome the new volunteers. Your help will be highly appreciated. Our residents require more attention, love and emotional assistance. If you like to become a volunteer, send us E-mail below. We will get in touch with you as soon as possible.

Writer and editor Julia Medvedeva. Photography N. An, J.Fahey, I. Malaniak, Su Rakhmatullaeva, O. Suvorova, L. Balen, I. Jarrett, A. Lyubomskaya, J.Jovanovic. Thank you to the administration and the staff of RRA for the help and support. Special thank you to Michael Apollonov for the help with the English version of the magazine.

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